

ABA Therapy

My child is receiving ABA therapy, and I have some questions, but I am not sure who can best address them.

Who is on my ABA team?

Role of a BT/ RBT :

- **Implementation:** The BT/ RBTs are responsible for carrying out the specific interventions, programs, and teaching strategies developed by the supervising BCBA.
- **Data Collection:** A crucial part of their job is to meticulously collect data on client behaviors and program goals to track progress and inform the BCBA.
- **Skill Development:** They directly teach and reinforce new skills, such as communication, social skills, or daily living skills.
- **Behavior Reduction:** The BT/ RBTs work to decrease maladaptive behaviors and promote positive interactions.
- **Ongoing Training:** The BT/ RBTs are always working under the close supervision and receive ongoing training from a qualified BCBA.

Role of a BCBA :

- **Conduct Assessments:** They perform detailed observations and direct or indirect assessments to understand the client's maladaptive behavior, areas of strength, and areas that require support/ intervention.
- **Develop Treatment Plans:** Based on their findings, BCBAs create individualized, evidence-based plans using ABA principles to reduce maladaptive behaviors, teach new skills, and promote client independence.
- **Supervise and Train:** BCBAs oversee and instruct Registered Behavior Technicians (RBTs) and other practitioners who implement the behavior plans.
- **Analyze Progress:** They review and analyze data to monitor client progress and ensure the effectiveness of the interventions and strategies being implemented.
- **Collaborate:** BCBAs work with a treatment team, including parents, teachers, and other healthcare providers, to support client's progress and development.

Who should I go to?

BT/ RBT :

- I want to buy new toys for my child. I wonder what kind of toys my child currently prefers that can also support progress within sessions.
- I noticed my child became friends with their new technician quickly. I wonder what strategies were used?
- My child really likes playing in the backyard. Can we take some breaks during the session so he can go outside and play on the swing?
- Can Grandma observe today's session? She wants to see how you work on communication.
- I bought my child some sensory bins, and I would like us to incorporate them in the session during break time.

BCBA :

- How do I get my child to stop engaging in this behavior?
- How do I teach my child this new skill?
- I feel like the technician has been working on this goal for months with no progress. I want to change the goal.
- I don't understand how this goal will help my child speak.
- I don't feel like my child's problem behaviors are decreasing. Is there anything else we can do?
- I don't think ABA is working for my child.
- I bought some pre-academic books, and I want the technician to start working on these during sessions because my child needs to catch up with his/her peers at school.
- I want us to collaborate on services with my child's SLP and teacher so we are all working in unison.
- I want the technician to support my child during SLP sessions in the home.
- My child has a doctor's appointment next week. Can the technician accompany us to the visit?